



August 2019

VIRGINIA BEACH ANGLERS CLUB

Tight Line

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Upcoming Events

Monthly Meeting:

When: Thursday August 1, 2019 7:30pm.

**Where: Foundry United Methodist Church,
2801 Virginia Beach Blvd. in Virginia Beach next to Beach Ford.**

Meeting Speaker: Wes Seigler

Meeting Subject: Fishing reel designer, engineer, founder and President of Seigler Fishing Reels. Designs and manufactures conventional lever and star drag reels as well as big game to small game fly reels. Originally based out of Reedville, Virginia on the Middle Peninsula, he has recently moved his company and manufacturing site to Virginia Beach. Seigler Reels hit the benchmark for fishing gear manufacturers when one of his reels was named Best Fly Reel at the 2018 ICAST – an international trade show considered the mecca of new angling equipment. Come hear his story.

August & Future Information Notes:

- **Crab Creek Clean-Up – August 3.**
- **Ocean View Pier Tournament – August 11.**
- **Salvo Fall Open Surf Fishing Qualifier August 24.**

This Month's Quote

**“You only live once, but if you do it right,
once is enough.”**

– Mae West

VBAC Fishing Roulette 2018

<u>Species</u>	<u>Current Leader</u>	<u>Weight</u>
Bowfin	Jerry Hughes	8.25 lbs.
Yellow Perch	Russell Willoughby	10 oz.
Bluefish	John Germanos	3.15 lbs.
Flounder	Russel Willoughby	2.62 lbs.
Spadefish	Kelly Hoggard	5lbs. 14oz.

Submissions
Virginia Beach Anglers Club:
vbanglersclub@gmail.com
Kelly Hoggard: 757-416-8817 or
fishnkelly@msn.com

Catch-A-Ride

BOAT

Preston Mangum (757) 582-1450 (FW)

Jeremy Maguire (757) 407-0493

Rich Maguire (757) 619-4851

Rob Stommel (703) 244-1282

CREW

Kelly Hoggard (757) 416-8817

Victor Minak (703) 888-8992

*Add your name to either list by sending an
email to*

vbanglersclub@gmail.com

VBAC YETI COOLER RAFFLE



No fishing trip, camping trip or tailgate is complete without the Yeti Tundra Haul Cooler. Built like a workhorse with its virtually indestructible construction, this 13.8 gallon/55 quart cooler features reliable insulation to keep your catch, beverages and food items icy cold for days on end. Two durable wheels set the Tundra Haul apart by making it easy to tow from campsite to car via a strong, welded aluminum arm that is just long enough so you don't nip your ankles in the process. The rubber lid latches are specially designed to hold up to years of latching and opening, and the hidden side handles keep the cooler's profile sleek and easy to store while still providing you with a means to lift it into the car.

Retail price for the cooler is approximately \$400.00. Raffle tickets are only \$5.00 each. Only 500 tickets will be sold. Tickets will be on sale at all meetings and functions. If unable to attend, please call our President, Bob Burstein at 267-994-7423 or email vbangersclub@gmail.com and he will arrange tickets for you. If you would like to assist and sell tickets please contact Bob also.

The winning ticket will be drawn at the October 3, 2019 VBAC General Membership

2019 Monthly Pier Tournament

VIRGINIA BEACH ANGLERS CLUB
&
OCEAN VIEW FISHING PIER

2019 SUMMER FISHING TOURNAMENT



ADULT ENTRY FEE - \$10
CHILD ENTRY FEE - \$5



\$150 GUARANTEED ADULT PAYOUT
\$50 PIER SHOP GIFT CERTIFICATE TO CHILD

8 AM to 4 PM

9 JUN	14 JUL	11 AUG	8 SEP	13 OCT weather permitting
SPECIES	SPECIES	SPECIES	SPECIES	SPECIES
CROAKER ROUNDHEAD BLUE FISH	CROAKER ROUNDHEAD BLUEFISH	CROAKER BLUE FISH SPOT	CROAKER BLUE FISH SPOT	CROAKER BLUE FISH SPOT



RULES

Tournament is open to all.
Rain or shine.



Fish must be caught on the pier during Tournament times and
alive when brought to the judging table.

Winner will be determined by length.

Ties will be determined by earliest entry time.

Winners do not have to be present at 4 PM.

All prize money will be awarded. If no entry in a species, prize money will be
divided and awarded to the winner with largest entry in remaining species.



1 Species = \$150 to the winner
2 Species = \$75 each winner
3 Species = \$50 each winner



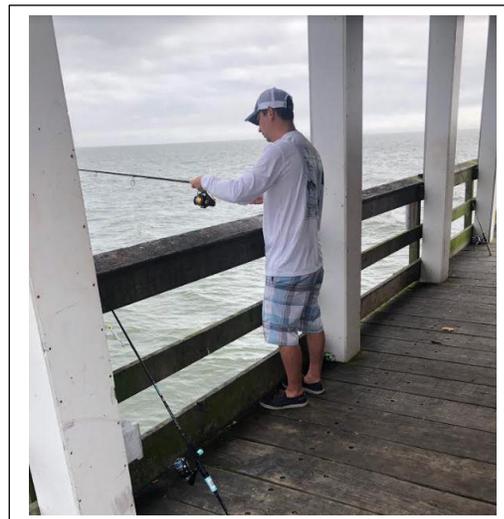
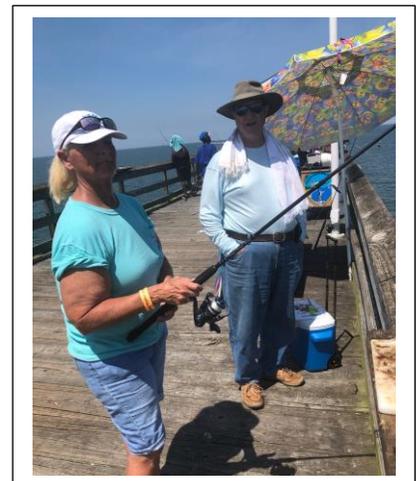
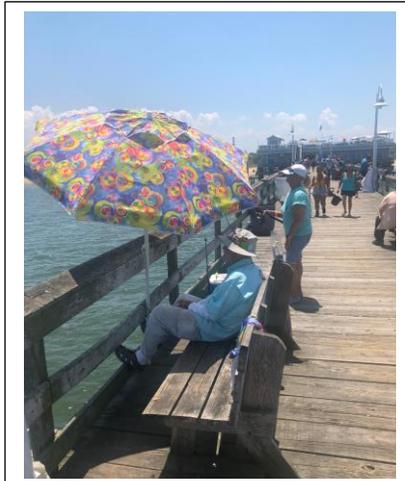
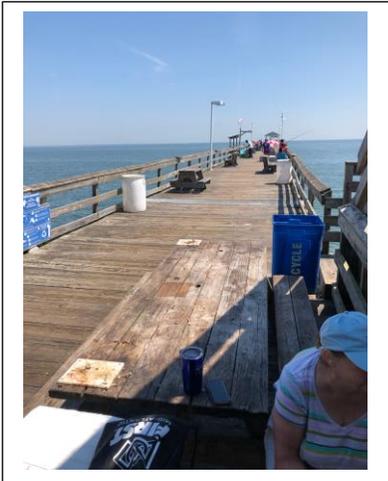
Child's prize will be for largest fish caught that day from the three species.

Visit our websites for the latest updates to the Tournament:

vbanglersclub.com oceanviewfishingpier.com

July 14th Public Ocean View Pier Tournament

The second pier tournament of the season started with a scorcher of a day. High temperatures and no wind to speak of made for a long calm day of fishing. The target species for the day were Croaker, Roundhead, and Bluefish. The Spot bite was on for most of the day with people filling coolers left and right! Every targeted tournament species was caught and measured. Don was the big winner of the day, having the longest fish in 2 of the three species. He had an eleven-inch Bluefish scored, as well as an eleven-and-a-half-inch Roundhead. Chris Shreader won the Croaker species with his eight and five eighths inch fish. The children's tournament was won by Baran O'Connor with his eight and a quarter inch Croaker. Thanks to all who came out to help and braved the heat for what turned out to be a great day of fishing!



Don Gelihaus got two of the three species!

2019 Ocean View Summer Open Result is in the Books!

VBAC Anglers enjoyed brilliant weather and a great day of fishing during the third of five Intraclub Surf Fishing Qualifying Events.

Special Thanks go out to all of the anglers that came out to participate in this 3rd event in the 2019 VBAC Surf Series Qualifiers – without you, these Club activities are not possible!

SUMMARY

This 3rd of 5 qualifying events was held on Saturday, 20 July 2019 and included four anglers.

Overall, 9 fish were recorded with 71 total points tallied by the field. All anglers recorded scoreable fish, and dozens of fish were caught which measured just under minimum scoreable size limits.

Brian Watkins was the Session Winner with 4 fish for 27 points.

Brian jumped into second place in the overall standings and has his sights on moving up during the Salvo Fall Open on 24 August!

Over the course of these first three Surf Series Qualifiers, 18 different Anglers have participated in one or all events, and we look forward to adding participants as we go, so come on out!

Here is the current event and overall Surf Series Standings:



Session Winner Brian Watkins accepting his Prize Package – Great Job Brian!!

	ANGLER NAME	L.I. Spring		Salvo Spring		OV Pier		Salvo Fall		LI Fall		TOTALS	
		Fish	Pts.	Fish	Pts.	Fish	Pts.	Fish	Pts.	Fish	Pts.	Fish	Points
1	Bob Schuster	2	36	2	27	dnp	dnp					4	63
2	Brian Watkins	1	8	dnp	dnp	4	27					5	35
3	Wesley Waters	2	13	dnp	dnp	dnp	dnp					2	13
3	Jerry Hughes	0	0	0	0	2	13					2	13
5	Bob Stuhlman	dnp	dnp	2	2	2	10					4	12
6	Kelly Hoggard	dnp	dnp	dnp	dnp	1	11					1	11
7	Doug Wehner	6	6	dnp	dnp	dnp	dnp					6	6
8	Pat Searby	3	3	0	0	dnp	dnp					3	3
9	Stan Sutliff	1	1	1	1	dnp	dnp					2	2
9	Russell Willoughby	dnp	dnp	2	2	dnp	dnp					2	2
11	Mark Wallace	0	0	dnp	dnp	dnp	dnp					0	0
12	Kelly Cormican	0	0	dnp	dnp	dnp	dnp					0	0
13	Herb Wise	0	0	dnp	dnp	dnp	dnp					0	0
14	John Gabriel	0	0	0	0	dnp	dnp					0	0
15	Matt Sharpe	0	0	dnp	dnp	dnp	dnp					0	0
16	Rob Stommel	0	0	0	0	dnp	dnp					0	0
17	Caroline Robinson	dnp	dnp	0	0	dnp	dnp					0	0
18	Bill Frunzi	dnp	dnp	0	0	dnp	dnp					0	0

NOTE: The point standings are updated after each event. The Top Ten aggregate point totals across all competitions qualify for a 2020 Surf Fishing Team position! Did Not Participate = "dnp"

The remaining schedule of Surf Series Qualifying Events is as follows:

Event Details	Salvo Fall Open (Major)	Little Island Fall
Date	Saturday, 24 Aug 2019	Saturday, 14 Sep 2019
Location	Salvo Village, Hatteras Island, NC	Little Island Park, Sandbridge, VaBch
Time	0700-1100; 1400-1800	0700-1100

Note that the next Salvo event is the last Major of 2019 and includes two sessions; a “Grab-n-Go” lunch; and an awards dinner at the Tournament Headquarters.

Lodging at the Tournament HQ is limited, so be sure to plan ahead to ensure space is available.

You may register for these events at the General Membership Meetings or by contacting John Germanos at:

Email: Jgermanos@germanosdefense.com

Phone: 757-285-1909



The VBAC Crew after a Great Morning on the Ocean View Fishing Pier!

Fellowship, Fishing...and FUN!

It's always good when everyone catches fish, whether they are big enough to score or not! The Spot and Croaker bite was steady throughout the morning for those that targeted these tasty panfish, and while the majority were in the 7-1/2 inch class, several scoreable Spot and a couple of 9-inch Croaker made the grade. Several of the Spot also made it to the fryer as these tasty treats are excellent table fare and have been abundant all summer on the Ocean View Fishing Pier.

In addition, Jerry Hughes landed a very thick 12-inch Kingfish, and Kelly Hoggard managed to land a nice 11-inch Bluefish. Oyster Toads and a Sharks were the 1-point wonders for the day.

Pictured below are some of the day's catches – some edible, some not!



Kelly threw Metal to Land this “noteworthy” Trophy Catch – a Whopping 1-1/2 Inch Silverside!

In addition, Judge John Germanos returned to the Ocean View Pier on Sunday morning to try his luck and was rewarded with a nice catch of Spot, Croaker, Trout, Sea Robins, and a 29-inch Sand Shark. Longer casts on the north side of the pier seemed to produce slightly bigger fish. Of the more than 4-dozen fish kept, cleaned, and/or measured, 24 would have been scoreable (14 Spot from 8 to 9.5”; 9 Croaker from 8 to 10”; and a Shark). All Croakers under 8” were released, as were numerous Grey Trout that did not meet the minimum legal size limit. If you want to catch a nice mess of Spot, head on out to the Ocean View Pier and prepare to have some fun!



Brian's Nice Spot & Croaker Fry Mess!



Jerry's Kingfish & Kelly's Bluefish ready to Fry!!

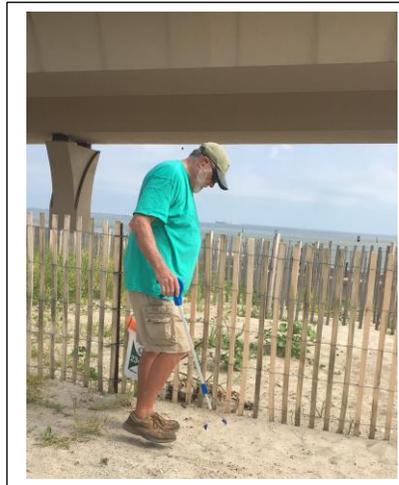


*The Judge's catch following the "official" event – this haul would have scored well over 150 points!
The Fish Cleaning Station on the Pier makes it easy to clean and ice your catch before you head home!*

Congratulations to all point scorers, and Good Luck in the Salvo Fall Open!

Contributed by: VBAC Angler John Germanos, Surf Fishing Committee Chairman

Our July 6th Crab Creek Clean-Up Day



Thank You Everyone!

Hats & T-Shirts

New Shirts Available at our August Meeting

Short Sleeve T's \$15.00

Performance Long Sleeve,
UPF 50, Color: Sea Grass
\$25.00

ALL HATS \$15.00 EA



T's \$15.00



Performance Long Sleeve - \$25.00



General Interest

By following the science-based Blueprint, we're working to reduce the pollution reaching our rivers, streams, and Bay, helping them become more resilient in the face of record-breaking rains and a changing climate. This means Bay grasses can continue to grow, thrive, and provide important habitat to critters like blue crabs.

I recently caught up with my friend John Flood on Maryland's South River who, after years of seeing bare beds, is now witnessing the resurgence of thick beds of restorative underwater grasses. And he's catching some tasty lunches as a result!

[READ MORE](#)

Today's grasses news is a sign of ecosystem resiliency. We still have a long way to go, but the survey results show that efforts to reduce pollution, guided by the Chesapeake Clean Water Blueprint, are working. And it is only through your steadfast support that this is possible. I hope you take pride in this news—you are an important part of it.

Thank you.

John Page Williams
Senior Naturalist
Chesapeake Bay Foundation

2018 Virginia Beach Anglers Club Committees:

Boat Show:	Chair - Russell Willoughby
Calendar:	Chair - Butch Eason Co. Chair - Ronnie Nixon
Crab Creek Clean-Up:	Chair - Ronnie Nixon
Great Bridge Flea Market:	Chair - Preston Mangum
VBAC Flea Market:	Chair - Bob Burstein
Banquet/Oyster Roast:	Chair - Jerry Mariano
Seton Youth:	Chair - Dave Anderson
Raffles:	Chair - Preston Mangum
Audit Committee:	Chair - Mike Anderson
Surf Tournaments:	Chair - John Germanos
Club Tournaments:	Chair - George Gabriel Co. Chair - Bob Burstein Chair - Gary Doerhoff
Pier Tournaments:	Co. Chair - Bryan Watson
Prize Fish:	Chair - Kelly Hoggard
Nomination Committee:	Chair - Butch Eason Co. Chair Kelly Hoggard Co. Chair Beth Synoweic
Conservation and Regulations:	Chair - Butch Eason Co. Chair - Kelly Hoggard
T-Shirt Committee:	Chair - Patty Searby

If You Would Like to Help on a Committee,
Please Speak to the Chair. Help is Appreciated!

Saltwater Fishing News

Largest Saltwater Fish Caught in 2019

Species	Angler	Date	Size	Where	Weight
Amberjack	Chris Schneider		39'		26#
Black Drum	Preston Mangum	26-May	38"	CBBT	
Blackfin Tuna	George Gabriel	11-Apr			36#
Bluefish	John Germanos			NC Surf	3.15#
Cobia	James Eisenhower	19-Jun	46"	CBBT	
Dolphin	Michael Anderson	22-May	59"	Vessel	39#
Flounder	Russell Willoughby	19-Jun	19"	CBBT	2.62#
Pinfish	Patty Searby	27-May	13"	Vessel	14oz.
Pompano	Kelly Hoggard	28-Jun	13.25"	Avon	
Puppy Drum	Dave Smith		27 1/4"		
Red Drum	Robert Oliver	4-Jun	46.5"	4th Island	
Sea Bass	Kelly Hoggard	28-Jun	17.5"	Ches Lt	
Shark	John Germanos	11-Apr	96"	Vessel	
Spanish Mackerel	Dave Smith	27-Jun	28.5"	Sandbridge	5#
Spadefish	Kelly Hoggard	31-May		Ches Lt	5# 14oz
Speckled Trout	Dave Smith	21-Apr		Rudee	3# 12oz

Saltwater Fishing News Continued

Went fishing with Robert on Wednesday 7/3 before the busy 4th week and weekend. Heading out the creek, croakers were very hard to find in Lynnhaven. We managed 4 croakers in a half hour of fishing. There were bluefish busting everywhere upstream and the dredging activity in the turning basin. I think that's had an effect on where the croaker are holding. On the way out, we tried to catch a couple more croakers but still couldn't find them, even near the 1st island and channel.

Since the weather was nice, we made the long run from the Lynnhaven inlet, out to York spit. The water was a little murky, but the tide was slow and made for a great setup. I put out the chum bag and a live croaker, and before I even had a second line out, our live croaker drag is already screaming. It took less than 30 seconds and we had a fish on. After setting the hook, the fish came straight to the surface. It looked nice in the mid 40 or higher inch range, but spit the hook after a short battle. As we reset and put out the lines we needed, Robert was busy trying to catch some bait, but could only manage some healthy-looking roundheads, and a puffer, which were saved for the dinner table. We had 3 more runs on cut menhaden over the next hour. Robert got in on the 3rd solid run with a great opportunity. The fish was a manageable size for his first cobia. We got him up front to fight it and fortunately, we only had 1 other line out at the time. The cobia did wrap the anchor once but was easy to manage. Robert first cobia measured out at 36". It was tagged and released. In the process of reviving Roberts fish, one of our cobia runs took the menhaden out from the far side and went straight across under the boat and into the chum bag and other lines. In the process of untangling it, the fish was lost, even after seeing it surface. At the end of the set, a sea turtle was coming over and biting into the chum bag. We couldn't get him to stay away.

We did some other trolling throughout the afternoon and got a few decent Spanish and blues. One of our Spanish bites was a large fish that almost looked like a cobia at first. It took the spoon we set with an in-line way back. After getting it about half way in, it shook the hook and jumped out sideways giving us a great view of the large Spanish we lost. Hopefully the next one that size gets in the box.

We had a great day and are hoping to put some cobia on the table next time.

You can't catch fish on the couch. Get out there and fish everyone.



Saltwater Fishing News Continued

Cobia Fishing at Latimer Shoal 7/16/2019

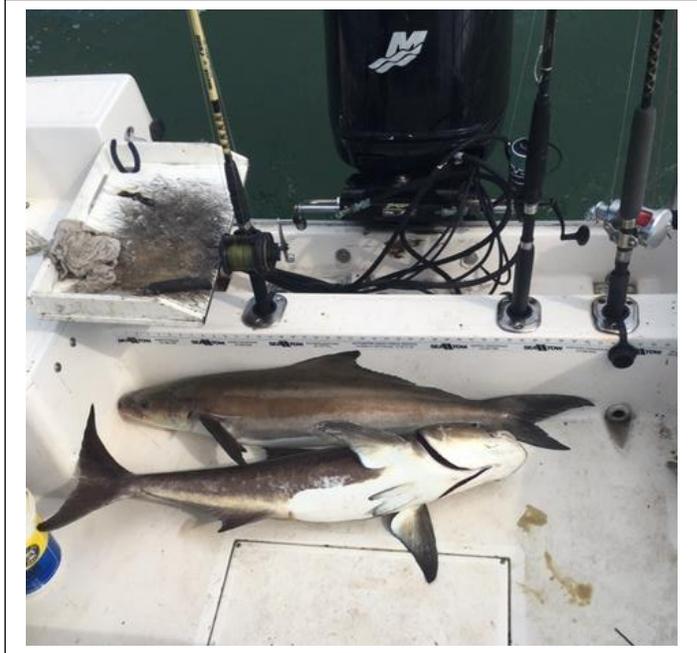
By Kelly Hoggard

I got a late evening reminder by VBAC member Scott Nettles who was available to go fishing. I sent an invite out to a few anglers and got a reply back from Bob Stuhlman. We planned for some cobia fishing and I wanted to make sure we caught a fish so we went to Latimer shoal. With a noon tide change, we left the dock at around 9 am the following morning. There weren't any croakers in the areas we tried so we made the run to the fishing grounds without any live baits. We set up on a slow incoming tide. The fishing was really slow. Even the sharks weren't taking baits. After the tide turned, the bites slowly picked up. We got a couple of bluefish interested in the baits that we ended up cutting for fresh cut bait. We managed three cobia on the day. They measured 30.5", 40.5", and 34.5". Scott was very happy to get his keeper cobia. This cobia was a significant survivor. It had an old wound that looked like a propeller strike or shark bite. The fish also had imbedded stingray stingers in the back. As the rain clouds built on the horizon, we saw a break in the storms and made the run back to Long Bay Point. We felt a little relief with cooler winds but never got the rains that those on land experienced. It was a fun day and two more cobia were tagged for VIMS researchers. Tag Numbers: SD 369746 and SD 369745.



Saltwater Fishing News Continued

Jerry Hughes and Marshall Weathers went cobia fishing at the 12-mile marker of the CBBT on July 12. After anchoring up, they caught their limit. Two cobias measuring 41" and 42" are pictured below. They released two others measuring 30" and 34". Great day guys!



Jay Graber went fishing on July 5 and caught a lot of Spanish mackerel. Pictured below is the trophy of the day; A 4# 5-ounce Spanish Mackerel!

Great Catch!



Saltwater Fishing News Continued

July 20 Charter trip out of Rudee with Patty and Bill Searby, Ronnie Nixon, and Preston Mangum.

We met at Owl's Creek and left the dock at 6AM on the gorgeous 33' center console "Teas'n" with Captain Carter of Chasing Tails Charters enjoying a beautiful sun rise and calm weather. We stopped along the way and caught live bait to use later in the day. After making our way out of the inlet, we turned south and began trolling for spanish mackerel. We turned left when we got to Sandbridge after having only caught one spanish and headed for the "dry dock" wreck. Between the "dry dock" and the "tiger wreck", Patty caught her very first "keeper" flounder which turned out to be one of the day's "firsts". After a couple more flounder the sun got pretty darn hot and we were happy to be moving again. The next stop was the final seaward buoy of the CB buoy line. The water was pretty clear and spadefish were everywhere! The captain and mate rigged the lines for spade fishing and in we went. All of us caught fish and Patty caught her first spadefish. Her brother Bill caught the largest of anyone and by the time we started to head back, we all were pretty beat. The captain kept a watch on the way back for a buoy that might hold a cobia as we did have one adventurous spot in the live well. Sure enough! As we slowed by a buoy, a good-sized fish was spotted and the chase was on! After a few attempts to interest one of the two fish, the line sang and went taught and Patty was in for the biggest fight she has ever had. After coming to the surface and heading back down several times, he was finally netted and a 40" cobia was brought on board and Patty's third "first" was on board. A Great Day and everyone slept well that night!



Saltwater Fishing News Continued



Saltwater Fishing News Continued

Monarch Cobia Classic Recap 2019

By Kelly Hoggard

Anglers: George Gabriel, Chris Schaefer, Jerry Mariano, Kelly Hoggard

George notified me in June that he would like me to fish with him in the ODU Monarch Cobia Classic. I was happy to accept the invitation and helped to prepare for the tournament. 58 boats were entered in the tournament and it was going to be a battle for the top spot.

Friday (Day 1): We left at 5:30am to head out and chum at York Light. There was a stiff SW breeze that kicked our butts. The 20 knot winds were creating a big 3-4 foot wake that rolled on the incoming tide. Other boats that left during a similar time frame all took a turn east and away from that northerly run. When we got onto the fishing grounds, only one other boat was brave enough to fish the same area. We set out a chum bag and the fishing was remarkably slow at first. The side swell against the boat kept us rocking and on our feet. A few peeks of sun came out and some other boats were begging to show.

Over the next couple of hours, we got the occasional run and saw a couple cobia. We knew they were in the area but were having a difficult time hooking up to the fish. On the largest feeling fish of the day, the rig broke shortly after coming tight to a solid fish. It was unfortunate and we learned quickly that our tackle needed to be prepped better for the fishing. There were a couple of instances where fish would pull hooks or drop baits and we would see them surface shortly after. It gave us hope that the big cobia were around and we could put one in the boat. As the fishing hours shortened, there were less bites and activity. We caught a few cow nose ray and sharks but no cobia this trip. We motored back to the dock with our hopes for a prize-winning fish fading away. On to day two.

Saturday (Day 2): After talking with some other anglers, the bite seemed to be better on the eastern side of the bay the previous days. We also knew that our tackle needed to be better prepared for day two, so I cut all rigs and retied them as well as fresh hooks and leaders for all the poles to be used. It was a calm, sunny, and hot day. Dozens of boats were out fishing before we could even get to the fishing grounds. We made a decision to run to the north end of Latimer shoal in a little deeper water than the other boats were set up on. As we got set up, the current was negligible. When a gust of wind would hit, the boat would slide sideways to the chum slick. We had to scatter our baits around the boat to ensure we were fishing properly. There were plenty of sharks in our baits early on. We fought a lot of small sharks until the tide finally pulled the boat around. Instantly, the bite was on. Our first cobia of the day was a double hookup. One fish went left and one fish went right. It was apparent that the fish were small, so we did our best to boat, tag, and release the fish quickly while rebaiting and resetting the rigs. One of the fish did make a mess of a rig, so we had to cut and retie multiple lines. We managed a couple smaller fish over the next hour. There weren't any big ones yet, but I didn't see any other fish being caught so we knew we were doing something right.

Saltwater Fishing News Continued

Monarch Cobia Classic Recap 2019 Continued:

While checking one of the baits, I was pulling it in by hand and felt a strong tug. Knowing it was a good pull, I tugged back on the braided line and a cobia went running off from the side of the boat. I had a little braid burn but the fish was hooked up. We knew it was a better fish and was potentially a keeper. I battled the fish out at the front of the boat and we eventually boated a 42" cobia. The bite slowed down and it was mostly sharks. I looked down to see a fish right up next to the boat. It sank and

unexpectedly, one of our lines went off. Again, we had what looked to be a keeper fish on and after a short battle, had it in the net. In the process of lifting the fish up, the handle of the net was caught on the t-top. The mid 40" fish rolled over in the slack of the net and got free. It was disappointing to see a keeper fish slip away like that. After settling down a while, the current was overpowering and there were no fish responding to the baits. We moved out to an area with less current and tried to get the chum working again. It took a short while but the cobia action was there. We had numerous runs but only one small fish about 30" was boated. A couple of very short fish were sighted but we never got visuals of a sizeable cobia.

With our bait and chum depleted, we worked our way back into Lynnhaven and weighed our fish at Long Bay Point. The fish weighed in at 28 pounds and 12 ounces. It was a solid fish for its size but not going to be enough to make money. We made our way back to our home dock to clean up the fish and the boat. There was only enough time for a shower before the dock party began. The party was at ballyhoos off Great Neck Rd. and provided a good atmosphere with plenty of food available for the hungry anglers. Upon reveal of the awards party, it turns out that the fish we weighed was big enough for an award after all. The Virginia Beach Anglers Club won the Club Bragging Rights Trophy and we were awarded a free entry to next year's tournament. Big thanks to George Gabriel for providing the boat and supporting the club in the tournament. This tournament is pretty fun and is a great opportunity to get into tournament fishing without a high stress environment. I would encourage more club members to participate next year if they are available on the fishing dates.



Saltwater Fishing News Continued

Monarch Cobia Classic Recap 2019 Continued:



Saltwater Fishing News Continued

Cobia Fishing the 12 Mile Marker 7/11/2019

By Kelly Hoggard

The day before the ODU Cobia tournament featured a nice weather forecast. I called VBAC Member Robert Oliver to see if he was available to go fishing. We decided at first to go fish for Spanish, but the conditions were nice for cobia. We left the dock around 11am Thursday morning and stopped for a few croakers on the way out. After making it out of Lynnhaven, we ran straight to the 12-mile marker. To my surprise, there wasn't a single boat set up out at the CBBT cobia fishing. We picked our spot and set anchor. There was very little action, but as the boat was turning around, a cobia attacked the bait furthest away from the boat. We spent about 10 minutes fighting the fish before landing it in the net. Of course, the fish was caught on my most flexible rod set out so the bigger than average fish had a little advantage. The 48" cobia was a solid fish and my personal biggest in a couple of years. After finishing our drift, we set a couple spoons out and managed a few bites on the way by the 4th island. As we pulled up, the strong south east wind was kicking up so it was a bumpy ride home. We were back to the dock at about 4pm and made it a short, but successful day. Thanks again to Robert and Mary for letting me tag along on one of their fishing adventures.



Saltwater Fishing News Continued

Exciting Fishing Opportunities in waters of Virginia

Please click the link below to get information all fishing in Virginia

<https://www.dgif.virginia.gov/fishing/>



GEAR | HOW TO | WHERE TO | TACTICAL ANGLER | FISHBOAT REVIEWS | FISHING REPORTS

Thank you, anglers, for picking up FishTalk!

We hope you'll enjoy reading it as much as we enjoyed making it, and more importantly, that it helps you catch more, bigger fish. We love to hear from you. Please send your fishing pics and reports anytime to lenny@fishtalkmag.com

<https://www.fishtalkmag.com/read-fishtalk-online>~ Lenny Rudow, Angler in Chief

Read the Latest Issue Online

See What's New in the 2019 Fishing Regulations

Click the link below.

https://www.dgif.virginia.gov/?utm_source=mailchimp&utm_medium=email&utm_content=header

Chef's Corner



Broiled Spanish Mackerel Roe & Bacon with Garden-ripe Peppers, Tomatoes, Green Beans, & Mashers!

Waste not, want not continues to be my theme as I explore the ethical utilization of all edible morsels from our catch or harvest. Roe is no exception and is an ethereal “*Super Food*” packed with protein, essential fats, vitamins, and minerals.

Fish Roe is an excellent source of Omega-3 Fatty Acids and at between 120-170 Calories per 3-ounce serving, it packs a powerful nutritional punch and substantial value based on recommended daily allowances:

- | | | | |
|-----------------|------|--------------|----|
| • Vitamin B-12: | 142% | • Vitamin A: | 5% |
| • Vitamin D: | 103% | • Potassium: | 5% |
| • Protein: | 38% | • Magnesium: | 4% |
| • Vitamin C: | 23% | • Iron: | 3% |
| • Vitamin B-6: | 5% | • Calcium: | 2% |

If that’s not enough incentive to salvage and prepare this delectable “*by product*” of our catch, fresh Roe is also rich, piquant, and savory for those that make the effort to explore its culinary diversity!

Roe is also high in cholesterol, but its nutritional profile offers potential *benefits* for cholesterol levels. All but 1.5 g of the 7 g of fat in each 3-oz. serving is unsaturated, rather than saturated or trans-fat, which are unhealthy fats. This is fantastic given its massive nutritional benefits, so let’s explore this *Super Food* candidate in more detail!

I have fished the waters of Virginia and North Carolina for over 50 years and have come to associate spring being ushered in with the arrival of fresh Shad Roe in real local fish markets.

In fact, the inspiration for this month's recipe comes from our family restaurant, where broiled Shad Roe with Bacon was a seasonal best-seller from April through June for decades!

But the restaurant taught me much more as I mastered the skill of processing fresh fish to optimize utility and eliminate waste.

My father always ordered fresh fish "*on-the-hoof*" to ensure we got the most value per pound during the processing stages while ensuring our patrons received only the freshest catch available, and I was the "*lucky*" processor!

Whether it was large Grey Trout, Flounder, Mahi, and Striped Bass, or Panfish such as Pompano, Spots, Croakers, and Kingfish, I saved the Roe from every fish I cleaned or filleted. These small delicacies became family meals back in the day, and for our most learned customers, we served "*off the board*" specials of fried Roe *a la carte* or as an addition to our many fried and broiled seafood platter combos. They would simply ask their server for "*a side of roe,*" and it was so!

To this day, I save even the smallest sets of Roe pulled from Kingfish, Spanish Mackerel, Bluefish, Spots, Croakers, and Smooth Puffers as they find their way into my cooler each spring. The picture above right, for example, includes small sets of Roe pulled from a day's catch of Blues, Kingfish, Spanish, and a Puffer.

What a GREAT appetizer!!

Virtually all fish are full of Roe in the spring and early summer, but most folks simply don't want to use it.

Unfortunately, they discard the Roe with the carcasses, typically because they are unfamiliar with anything but Shad Roe.

They truly do not know what they are missing, so hopefully, this article will trigger an enlightenment that propels this up the list of must-have Super Foods!

It's not like the culinary value of Roe is a new idea. Fish Roe has been relished at least since ancient Egypt and was regularly consumed in the U.S. as recently as the early 1900s. In fact, in a 1941 press release, the U.S. Department of the Interior strongly encouraged Americans to eat Fish Roe.

"In all civilized countries," the release reads, *"the roes of certain fishes are of recognized high quality and classed among the most valuable of fishery products."* At that time, the Roe of Salmon, Sturgeon, Whitefish, and Herring were canned *"...for the delectation of American gourmets..."* according to this press release.



Fresh Spanish Fillets & Hefty Spring Roe!



Fresh-pulled Sets of Mahi Roe!

With my European background, I didn't need much encouragement to embrace this scrumptious treat; in fact, I began to experiment with different ways of preparing Roe over 40 years ago, and rarely have I been disappointed!

I dredged those first tiny pale-yellow sacs, filled with delicate Flounder, Croaker, and Spot eggs in seasoned flour and fried them. What a great surprise I had when I popped that first morsel into my mouth!

As I began to encounter larger fish, I dipped the darker Roe of Striped Bass and Large Sea Trout (Weakfish) in cornmeal and sautéed them in butter – and later in bacon grease. Wow! It just kept getting better, and I was hooked!

The smaller panfish Roe was mild with a creamy texture, while the larger, darker Roe was more piquant and flavorful. Since then, I have harvested and prepared Roe from virtually every species I have caught, and it was all excellent provided it – along with the fish itself – was properly cared for and processed from field to kitchen (ice, ice, & more ice!).

Whether it is big or small, bright red or pale yellow, fish Roe is a culinary gift of spring and a nutritional power-pack.

So have an open mind, and “*Just Say Yes*” the next time you're asked if you want to keep that Roe.

Now, on with this month's featured recipe!

Spanish Mackerel & Mahi Roe with Bacon

Pictured at right is the Spanish Mackerel which produced the 9-ounces of Roe featured in this article. While properly processed fish Roe freezes well (I vacuum-seal mine), there's nothing like a fresh-pulled set going straight from the fillet table to the kitchen!

Ingredients:

8- to 10-ounce Set of Spanish Mackerel Roe (Mahi Roe is also superb!)

3-4 strips, hickory- or apple wood-smoked bacon

Sea Salt to taste (Himalayan salt is great, too!)

Fresh ground black pepper

Smoked paprika

Garlic powder to taste (optional – I'm a garlic lover!)

Light sprinkle of ground cayenne pepper (optional if you want heat)

1 garden-ripe tomato (optional – I liked the color, contrast, and sweetness)

1 sweet red pepper (optional, but it melded well with the salty sweetness)

Crusty bread ends for roasting – Italian loaf is great, as is Artisan bread

Tablespoon of Butter (for the garlic cheese toast)

Fresh grated mozzarella cheese

Lemon & parsley for garnish



Author with a Fat Roe-Filled Spanish!

Directions:

Step 1: Carefully remove the Roe as you fillet the fish! (or buy some fresh Roe from the local fish monger). The Spanish Mackerel that yielded the 9-oz Roe for this dish was caught in the Cape Hatteras surf and weighed-in at just under five pounds. I caught a pretty good mess of Spanish that day, and each yielded quality Roe.

Whatever Roe you do not plan to use right away should be par-frozen to maintain its shape, then vacuum-sealed for the freezer. It maintains its shape and freezes well when processed this way to ensure it can be enjoyed all summer!

Step 2: Prepare the Roe for the Broiler!

I was at my cottage in OBX when I prepared this dish, so I used my trusty toaster oven, which is super versatile when preparing small meals for one!

I coated the pan with foil for ease of clean-up, but that's up to you!

Situate the Roe in the broiling pan and lightly season both sides with salt, pepper, and garlic (add a little cayenne if you want some kick). Old Bay, Cajun Shake, or other fave is fine, but I like to keep it simple since Roe is so rich in flavor.

Cover the seasoned Roe with bacon as shown and arrange the sliced tomato and red pepper around the perimeter of the Roe, lightly seasoning with salt, pepper, and garlic. The veggies will play in the bacon drippings as the fat renders!



9-Ounce Set of Spanish Roe!



Roe After Adding the Bacon.



Add Fresh Tomato & Red Pepper!

Broil on High until the bacon begins to brown and renders some basting fat in the pan. Use these bacon drippings to baste the veggies and Roe.

After basting, lightly dust with smoked paprika for color and a mild finishing flavor.

While the Roe is broiling, toast the sliced crusty bread ends and lightly butter each while basting the Roe.

Add a dash of salt and garlic powder to the toasted bread and cover with cheese.

Return the basted Roe and cheese-covered garlic toast to the broiler for about 5 more minutes or until nicely browned, but not burnt.



Basted & Broiled with Toasted Italian Bread!



The Final product with Toasted Garlic Cheese Bread!

Step 3: Serve!

Remove Roe and veggies from the broiler pan with a spatula; drizzle the drippings over the Roe; and serve hot!

I rounded out this Southern Classic with homemade mashed potatoes and fresh steamed green beans to complement the richness of the Roe.

It made for a well-balanced melding of flavors and textures, and the full-bodied crispness of the garlic-cheese toast was a perfect companion for the juices and flavors to play with!

Additional Ways to Enjoy Fresh or Prepared Fish Roe

I have replicated the above recipe with some variations for years, and it works for all kinds of Roe that tips the scales at between six ounces and a pound. But there are so many other ways to enjoy large or small sets of Roe, I had to list a few here – some of which may appear in future editions of the Chef’s Corner!

Here’s a list of more great dishes which feature this magnificent Super Food:

- Striped Bass Roe with Fresh Herbs
- Pan-Fried Mahi Roe
- Fish Egg Fritters
- Deep-Fried Roe Bite Appetizers
- Scrambled Roe
- Baked Whole Shad with Roe (an old-time Maryland tradition!)
- Fried Bluegill Eggs
- Spicy Fried Fish Egg Masala
- Fish Egg Fritters Curry
- Taramasalata – I would shame my heritage if I didn’t list this Grecian masterpiece!



Scrambled Roe is Wicked-Good!

These are but a few of the recipes I have discovered and tried, and all are exceptional. The list indeed goes on!

The imagination is the limit, and as you learn how to master the art of preparing fresh Roe, you will come to appreciate all of the subtle nuances of each species-derived set – the textures and flavors will take you away to generations past when these delicacies provided crucial nutrition and were revered vice discarded to waste away with the carcasses.



Striped Bass Roe with Fresh Herbs!



Taramasalata – a Greek Staple!



Pan-fried Mahi Roe!

So, the next time you catch a fat spring fish, look for those precious sets of Roe, and treat them with as much or more care as the rest of the catch – you will not be disappointed!

Contributed by: VBAC member John Germanos, aka “The Instinctive Chef,” and inspired by generations past.

Surf Fishing News

2019 Salvo Fall Open Surf Fishing Qualifier (MAJOR)

Saturday, 24 August 2019

- DATE:** Saturday, 24 August 2019
- VENUE:** Salvo Village, Hatteras Island, NC
- SCHEDULE:**
- 0700-1100: Morning Surf Fishing Session on the beach
 - 1100-1145: Angler Development Session - Tournament HQ
 - 1200-1330: Light Lunch at Tournament HQ in Salvo
 - 1400-1800: Afternoon Surf Fishing Session on the beach
 - 1830-2000: Awards & Dinner at Tournament HQ in Salvo
- COST:** FREE to all VBAC members in good standing (dues paid)
\$20 for Non-members (cash or check payable to "VBAC")
- RAIN DATE:** Saturday, 31 August 2019

All interested anglers must register no later than Sunday, 18 August 2019.

Sign-up sheets will be available at the June, July, and August VBAC General Membership meetings, or interested anglers may contact John Germanos at:

jgermanos@germanosdefense.com

Walk-ons may be accepted on a case-by-case basis, but the Surf Committee reserves the right to turn away unregistered anglers and/or non-members that have not paid the requisite entry fees.

2018 Salvo Fall Open Results:

Winner - John Germanos - 4 Fish, 44.75 Points (incl. 17.5-in citation Pompano that weighed-in at 2.6 lbs.)

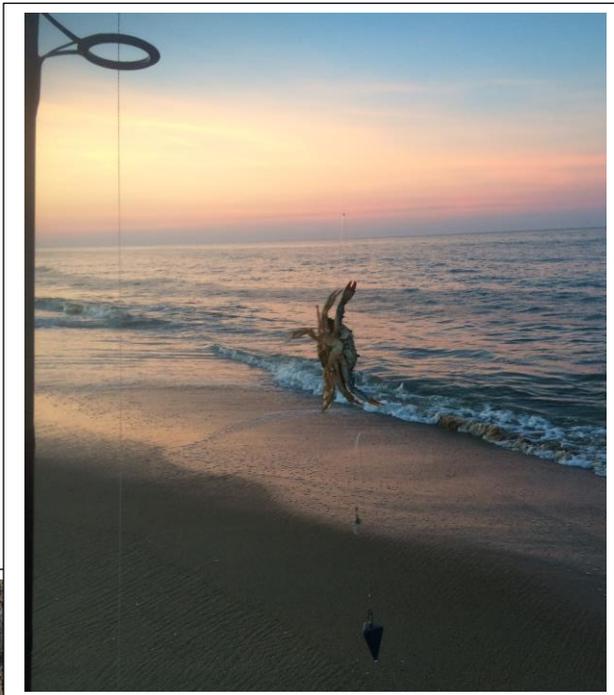
The 2018 pilot program helped shape the 2019 Spring and Fall Salvo Opens.

Surf Fishing News Continued

Surf Fishing VB Oceanfront 7/15/2019

By Kelly Hoggard

I went down to the Virginia Beach Oceanfront one evening to check on the evening Spanish/blue bite as well as the roundhead bite. I got set up at 46th street at about 6:30pm on a Monday evening just short of a full moon. I used 4 different styles of rigs with only sand fleas to try and catch a big roundhead. The recent dredging projects have made the water very muddy close to shore, but a clear water break is just past the 200-yard casting range. The Spanish and blues were busting past that clear water line but it wasn't reachable at high tide. The number of crabs was unbelievable as they would get your sand fleas almost immediately after throwing it in the water. I was able to find some areas without crabs but failed to get a bite. I got surprised by a solid 13.25" roundhead as he grabbed the sand flea before the rod even hit the sand spike. It was a great fight. The roundhead was really fat; I would assume full of eggs by the size of the belly. I threw her back after a quick picture. There was a few smaller roundhead and croaker mixed in and a shark that severely tangled a rig. The crabs never stopped and a couple were tangled with the hooks and recovered. They were very large and meaty for anyone looking for a place to go get some crabs. Can't catch fish on the couch.



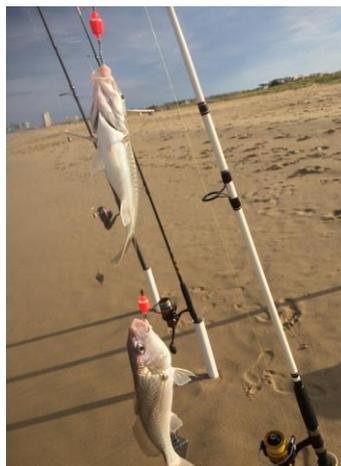
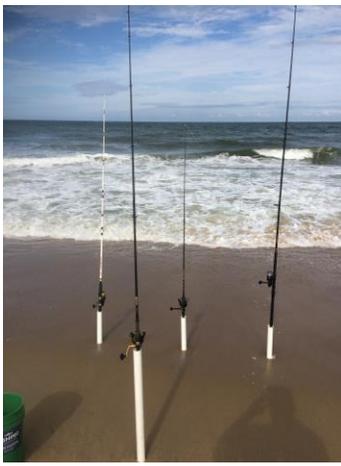
Surf Fishing News Continued

Fishing Double Header After the Storms 7/24/19
By Kelly Hoggard

After spending the day with family, the afternoon was left to my own accord. So what else was there to do but a little fishing! I first stopped into the honey hole for some big spots and croakers and caught over a dozen measurable spot. This one pushed 9.5" and made a solid club minimum, after playing around there for about an hour, I re-rigged and headed towards the oceanfront. I didn't know where to try on the north east wind, so I pulled down some streets until I found one with a few parking spaces in case anyone else wanted to join me.

I set up near high tide with an outgoing current. The surf was initially rough but I was awarded with a bluefish on my 2nd cast with the pink and silver peanut bunker gimmick. Afterwards, I saw a hole develop in the surf so I switched over to the bottom fishing aspect. After baiting the rods, I was doubled over immediately but lost one of the two, landing a nice 11" roundhead. After about two hours, the beach was deteriorating and there wasn't as good conditions as before. The only fish caught were past the breaking 3 foot waves when you could see the clear water get mixed in. I was rewarded when a school of croakers came by and lit up all my baits. Multiple hookups of doubles. Unfortunately, someone had decided to fish next to me and didn't tend their lines, so they ended up with a big knot and I had to cut their rig out of two of mine. Hopefully he uses heavier weights next time like I suggested in heavier surf. By the end, I was casting a little more and got hooked up on consecutive casts when I started to slow down my retrieve in the dirty water. The blues were much closer to the beach than expected, with most hookups between the initial break and the calmer wash. It was a fun day and I wish there were more interested anglers in joining me.

Can't catch fish on the couch.

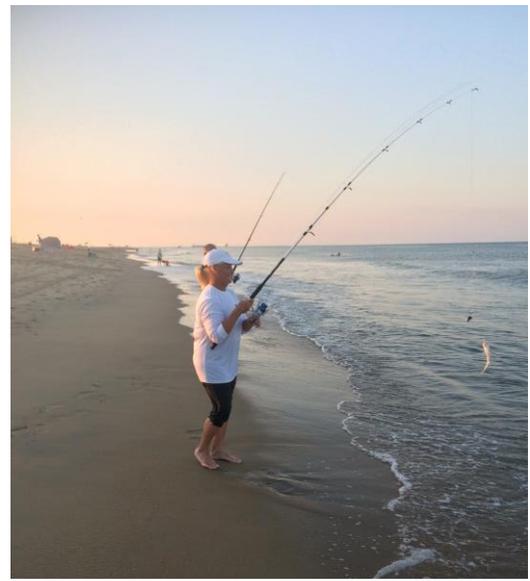


Surf Fishing News Continued

Surf Fishing 70th Street with Patty and Bill

By Kelly Hoggard

Patty text me to let me know that she and her brother were going fishing down at the north end. After sending me a picture of her first roundhead of the evening, I couldn't resist and tagged along. The water was clean and calm and fishing was great. Lots of Roundhead were biting all around the casting zone. When I got there, the bite had slowed, but I showed them that they were fishing too far out. I stumbled upon a 12.5" roundhead about 10 feet past where we were standing. That held true the entire evening. Everyone was catching fish, and as the sun was setting, the bluefish started to boil right on the beach. A couple of times, we were standing in the surf and they would snap at the shiner minnows behind us. As the casting bite intensified, we all put on some spoons or metal and got into the action. As the light faded towards dusk, the bite was diminishing and we all went home after a successful adventure. Patty was on fire and only her fish and fishing adventure pictures are provided.



Freshwater Fishing

Largest freshwater fish caught during 2019 in this category by species.

Blue Catfish	Russell Willoughby	28-Mar	44"	James River	
Bluegill	Melanie Bayford	16-Mar	9"	Beaver Dam Pk	
Bowfin	Jerry Hughes	15-May		NW River	8lb 3oz.
Chain Pickerel	Jay Graber	2-Mar	21.75"	LCrk Reservoir	
Crappie	Steve Harding	30-Mar		Smith	2lb 10 oz.
Largemouth Bass	Jay Graber	3-Mar	15.5"	LCrk Reservoir	
Longnose Gar	Russell Willoughby	4-Apr	33"	Lake Whitehurst	
	Melanie Bayford	30-Apr	33"	Piscataway Rvr	
Snakehead	Frank James	31-May		Pohick Regional	6lb 5oz.
White Perch	Melanie Bayford	7-May	11.5"	Piankitank River	
Yellow Perch	Russell Willoughby	10-Jun	8.5"	Lake Prince	10 oz.

Summer Bass Fishing with Plastic Worms

Summer Worm Fishing Tips for Bass Fishing (These Work!)

How to catch summer bass with a worm. The best summer fishing tips and techniques that show the right way to fish worms for MONSTER summer bass!



Freshwater Fishing Continued

Click the picture for video on summer fishing tips for Shellcracker!



Summer Crappie Fishing Video (Click on the picture)



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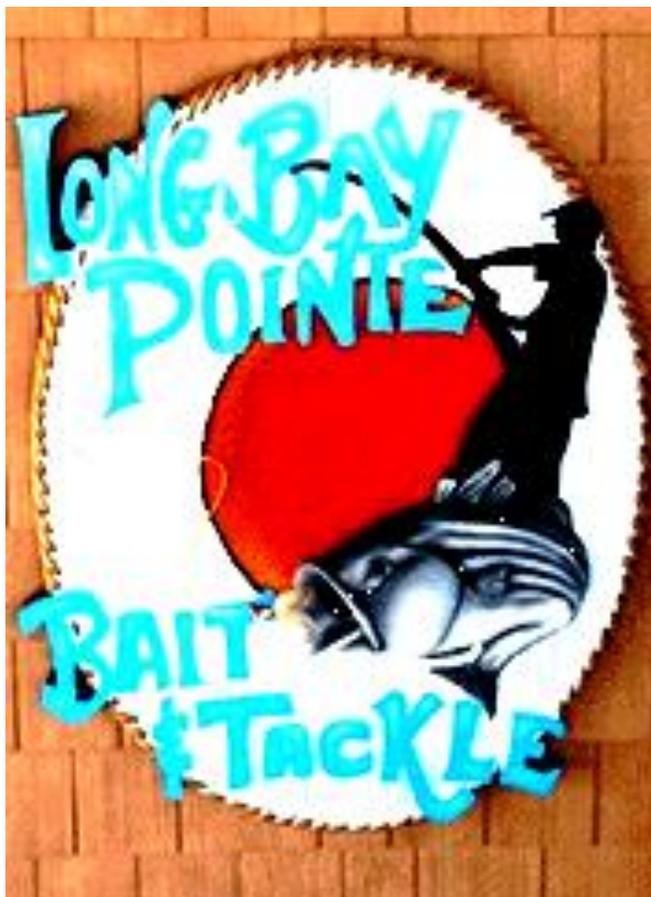
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The purpose of the VBAC is to encourage sport fishing, both freshwater and saltwater, while supporting prudent governmental and other policies that promote the preservation, conservation and ecology of all marine life.

Our Objectives:

- ❖ Monitor legislative and regulatory activities relating to management of local and regional fisheries and participating actively, where appropriate, to assure the adoption of sound management policy and practices that best serve the interests of VBAC members.
- ❖ Promote interest and participation in recreational angling by conducting programs and activities that encourage sport fishing.
- ❖ Educate members and others in the techniques of sport fishing to enhance their enjoyment of the sport.
- ❖ Conduct social activities that create a wholesome climate for deriving the maximum pleasure from sport fishing by members, their families and guests.
- ❖ Plan and conduct fund raising activities to provide the revenues needed to support these objectives.

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